

SALA

BEACH HOUSE

Lunch Menu

Flat Bread with Humus, olive tapenade & Sundried
Tomato Patee

Starter

Crispy Chilli Calamari, Sun dried tomato and caper salsa,
Garlic Aioli, Fresh salad greens

Sala Caesar Salad, Crispy boiled egg, Crispy Parmesan,
Bacon, Grilled Chicken, Homemade Caesar Dressing,
Croutons

Steamed Prawn Salad, Fresh Orange, Lettuce, Pickled
Red Onion, Peppered Feta Cheese, Avocado, Herbed
Vinaigrette.

Beetroot Carpaccio, Sesame Rolled Goats Cheese,
Coleslaw Salad, Tzatziki Dressing

Seared Peppered Beef, Fresh Rocket Salad, Red Wine
Reduction, Crispy Capers & Parmesan Shavings

Chilled Tomato Gazpacho, Fresh Capsicum Salsa & Basil
Olive Oil

Cost R550.00 per person

Main

Grilled Norwegian Salmon, Couscous, Peppered Fine Beans, Lemon Vinaigrette, Cocktail Tomatoes

Beef Rib eye, Bone Marrow Sauce, Roasted Capsicum, Micro Salad

Fresh Linefish, Caper Sauce, Fresh Tomato Salad

Braised Leg of Lamb Burger, Brioche Bun, Marinated Cucumber, Garlic Yogurt Sauce, Feta Cheese, Red Onion, Paprika Onion Rings

Sala Sushi Bowl, Salmon Sashimi, Steamed Prawns, Sushi Rice, Pickled Ginger, Cucumber, Fresh Carrots, Sesame Mayonnaise

Linguine Pasta, Napolitana Sauce, Olives, Buttered Spinach, Feta Cheese, Sundried Tomato

Optional Sides, Crushed Baby Potatoes, Shoe-String Fries or Buttered Herbed Rice

Dessert

Vanilla Almond Tart, Vanilla Ice Cream, Almond Praline

Poached Pear Sorbet, Shortbread Crumble, Chocolate Glazed Cherries