

The background of the entire page is a light, monochromatic pattern of palm tree fronds and trunks, creating a tropical and serene atmosphere. The shadows are soft and layered, giving a sense of depth and texture.

SALA

BEACH HOUSE

THOMPSON'S BAY



Embrace barefoot elegance in a tropical haven at Sala Beach House. Find your sanctuary with a variety of rooms and suites offering stunning views, and discover an Indian Ocean getaway in the heart of KwaZulu-Natal.

Savour flavourful cuisine, indulge in refreshing spa treatments and explore the pristine coastline.

Sala Beach House is the perfect place to create a memorable holiday.

SALA BEACH HOUSE



LOCATION & DISTANCES

Simbithi Golf & Country Club	3km
Lifestyle Centre Ballito	4km
Umhlangi Golf Club	6km
King Shaka International Airport (DUR)	23km
Umhlanga	35km
Prince's Grant Golf Estate	37km
Durban	51km
Hluhluwe-iMfolozi Game Reserve	193km
Johannesburg (OR Tambo)	613km



GPS CO-ORDINATES

-29.519617020179243, 31.228242411035794

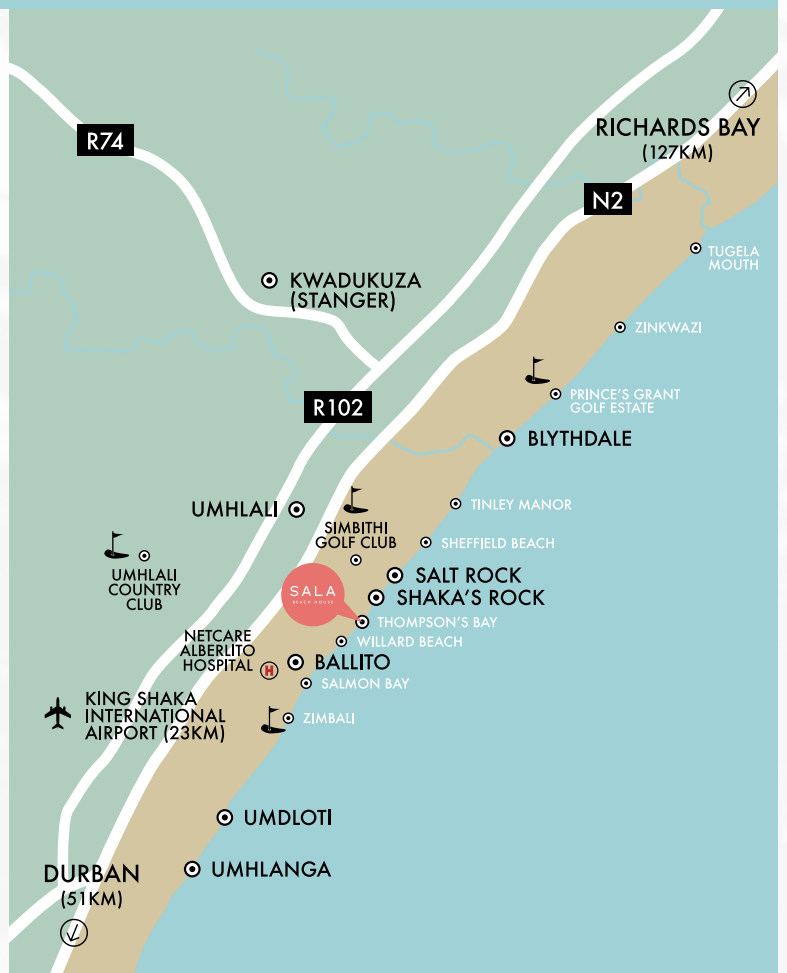
WEATHER

With hot, humid summers and dry, mild winters, KwaZulu-Natal offers warmth and sunshine most of the year.



BEST TIME TO TRAVEL

All year round, the migrating whales journeying the coastline from June-November.



SALA SUITE

75m²

With private balcony and picture-windows overlooking the idyllic Indian Ocean, this suite provides a restful space from which to harness the healing power of nature.

Ideal for couples seeking serenity and seclusion, the exquisitely draped four-poster bed offers consummate comfort, while a living area with sofa, and bathroom with deep-soaking bathtub and separate rain shower, ensure ample space for two.



OCEAN SUITE

61m²

Coastal elegance for the discerning traveller, guests are immediately drawn towards the private balcony offering uninterrupted ocean views. This open-plan suite has a large bathroom with double vanity basins, bathtub and rain shower. Natural materials and beach-inspired tones complement this graciously appointed suite.



COURTYARD SUITE

57m²

Uniquely designed and harmonising with the romantic feel of the house, the Courtyard Suite has been carefully appointed to ensure your every comfort. Nestled above the hotel's charming inner courtyard, this generous space features a pretty veranda from which to admire lush gardens lined with leafy palms for a sense of serenity, sheltered from the tropical heat.

Feel at ease in the substantial bathroom and enjoy a deep soak in the oversized bathtub or under the stylish rain shower. Double vanity and ample closet space truly make this space a home away from home.



OCEAN VIEW ROOMS

2 ROOMS | 38m²

The spacious Ocean View Rooms feature floor-to-ceiling windows, leading onto a private balcony with panoramic Indian Ocean views. The oversized bathroom features double vanities, rain shower, and deep bathtub for long, hot soaks.

POOL VIEW ROOMS

2 ROOMS | 32m²

A personal escape cradled by lush vegetation, Pool View Rooms are located on the ground floor and feature local touches wedded with the sophisticated, modern conveniences of Sala Beach House, designed with your every comfort in mind.

Spend leisurely hours basking in the sun, surrounded by stunning views over the pool to the ocean from your large private terrace, or stroll through the beautifully landscaped garden down to the sandy beach.

Comfortable bathrooms feature double vanities and rain shower.

SALA BEACH VILLA

258m²

Comfortable accommodation for families or groups, the self-contained 3-bedroom villa exudes space and privacy. Features 3 double rooms, each with an en-suite bathroom with bathtub and shower, air-conditioning, mini-fridge, and a veranda.

The main living area features a spacious dining / lounge area, full kitchen, and guest bathroom. There is also a sparkling private plunge pool and large terrace from which to enjoy the views and sounds of the ocean.

A personal butler is on hand 24/7 to make every stay as seamless as possible. A private chef can also be arranged upon request.

Sleeps a maximum of 6 adults.



ROOMS & SUITES INCLUDE

- ✓ Tea/coffee making station with Nespresso coffee machine
- ✓ Electronic safe
- ✓ Mini bar
- ✓ Air-conditioner / heater
- ✓ Smart TVs with a selection of DSTV satellite channels
- ✓ Yoga mats and resistance bands
- ✓ Beach basket complete with towels
- ✓ Private verandas
- ✓ Dressing gowns and slippers
- ✓ Hairdryer
- ✓ Complimentary Wi-Fi
- ✓ Twice-daily housekeeping
- ✗ ALL ROOMS ARE NON-SMOKING





WELLNESS

Sala Beach House is committed to ensuring guest wellness, through clean living, fresh food and plenty of sea air.

Sala Beach Spa is a place to balance mind and body. With an array of holistic treatments offering unique wellbeing experiences, let our specialist therapists deliver a journey of self-renewal in a peerlessly serene and scenic setting. The spa features three treatment rooms, a sauna and a relaxation area.

Leisure facilities include two outdoor pools, sun deck, and discreet private access to Thompsons Bay, one of the area's most picturesque beaches. All rooms and suites have yoga mats and instructional booklets, and a stocked beach bag with towels.

DINING

Enjoy exquisitely created dishes from both land and sea. Served in the idyllic surrounds of the dining room, outdoors on the terrace or in the courtyard, savour our seasonal menu crafted from quality ingredients and prepared with finesse.

Guests can expect lovingly prepared dishes that are organic, seasonal, nutritious and delicious, with a stimulating diversity designed for all palates.

COURTYARD BAR

Indulge in cocktails served to your sun lounger or our popular ocean hammock, choose a bottle of wine from our handpicked menu, and sip on your favourite sundowner as the day's colours fade into evening's magic.

SPECIAL OCCASIONS

Aim to impress – and be impressed – in one of KwaZulu-Natal’s most stunning destinations.

Say “I do” over-looking the Indian Ocean, surrounded by lush tropical gardens. Whether renewing vows or exchanging them for the first time, our team will help you plan a perfect day.

Hold casual yet productive meetings, the intimate surrounds perfect for distraction-free discussions, and celebrate success in style.

Finish the day with sundowners and canapés around the fire pit, or a lavish dinner with bespoke menu offerings. Our team can also assist with organising team building activities and excursions.

GREEN INITIATIVES

Sala Beach House is committed towards environmental, social and cultural conservation. Special consideration is given to employing and empowering communities, and wherever possible, sustainable products and services are sourced locally.

MALARIA

Sala Beach House is situated in an area free from malaria and safe for travellers of all ages. If you are travelling to other areas in South Africa, please consult a healthcare professional for the latest advice on malaria.

CHECK IN / OUT TIMES

Check-in time 14h00
Check-out time 10h00

EARLY ARRIVALS & LATE DEPARTURES

Should you have an early arrival and prefer immediate access to your room, we recommend booking for one night prior. Similarly, for late departures, reserving an additional night will guarantee access to your room until you leave the hotel. If you choose not to reserve the extra night, we will be happy to store your bags while you enjoy the public areas.

CHILDREN

Children above the age of 12 are welcome at Sala Beach House.





EXPLORE

Just twenty minutes from King Shaka International Airport, the Dolphin Coast has undergone a remarkable transformation in recent years. Now the hub to a diverse range of leisure activities, this picturesque area of KwaZulu-Natal is one of South Africa's gems.

LOCAL ACTIVITIES



GOLF

There are some magnificent 18-hole courses in the area, the large greens and impressive fairways synonymous with Peter Matkovich's designs. Simbithi, Umhlali and Prince's Grant consistently rank among the top courses in South Africa.



SNORKELLING AND DIVING

The protected tidal pools and rocky coastline are home to interesting marine life, with over 50 species of fish, corals, a wide variety of invertebrates and big shoals swimming around. Highlights include Parrot fish, Damsels, Surgeons, Butterfly fish, Moray Eels and loads of other colourful fish.



SURFING

Catch some waves with a group or private lesson.



WHALE & DOLPHIN VIEWING

From June to November, Hump Back Whales migrate from Antarctica at the onset of winter, along the east coast of South Africa through the coastal waters of Durban to the warmer waters of Mozambique and Madagascar, to breed and give birth. Other Whales that can be seen along the Durban coastline are Southern Right, Sperm, Minke and Bryde.



SCENIC COASTAL WALK

The coastal trail is approximately 9kms over varied terrain, some areas are rocky, others beautiful open sandy beaches. A great opportunity to spot the regularly-seen dolphins, and view the migrating whales from June to November.



SHOPPING

The Lifestyle Centre and The Junction Mall in Ballito offer a mix of shops, from local treasures to internationally-known brands.

PACKAGES

We have partnered with some remarkable properties to offer a range of itineraries. Contact us for more information.

